



# PREWORKOUT™

ENERGY + FOCUS

## The ultimate plant-based pre-workout energy & focus experience

PreWorkout is a unique, plant-based formula that helps your body create explosive energy, heightened focus and increased drive to tackle any challenge — especially your next workout.\*

PreWorkout contains a unique formula for advanced, clean, jitter-free energy, endurance, and focus. It features a direct-to-mouth pixie design for maximum convenience, and comes in two delicious flavors: mango and piña colada.\*



## Product Features

**VITAMIN B12** — An important nutrient required for fat and carbohydrate metabolism, often depleted in vegans as well as athletes. We added 220 mcg of whole-food vitamin B12 to optimize energy production, naturally enhancing workout results.\*

**ANTIOXIDANT-ENERGY BLEND** — Provides jitter-free energy and antioxidant functionality to reduce oxidative stress \*

**NITRIC OXIDE PLANT BOOST** — Nitrate-rich plant formulation to increase blood flow to working muscles\*

**NOOTROPIC-FOCUS BLEND** — Specific amino acids and botanicals to increase focus and drive\*

**STRENGTH AND ENDURANCE BLEND** — Carefully selected stack for maximum output\*

## KEY BENEFITS

PreWorkout provides a number of key benefits:\*

- Increased energy\*
- Heightened focus\*
- Increased drive\*
- Simple direct-to-mouth design
- Two great flavors — pick a favorite or switch them up!

## SUGGESTED USE:

Take 20 minutes before workout, or as needed.



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## Ingredient Information

MANGO FLAVOR:

**ANTIOXIDANT ENERGY BLEND** — Organic cane sugar, Freeze-dried mango, Mango juice, Green coffee bean (naturally occurring caffeine)

**NITRIC OXIDE** — Organic kale (leaf) standardized to 1% nitrate, Red spinach (9% nitrate), Beet (root)

**NOOTROPIC-FOCUS BLEND** — Glycine, Huperzine A (Chinese moss), L-Tyrosine, L-Citrulline, Piperine (black pepper)

**STRENGTH & ENDURANCE BLEND** — Beta-alanine, Betaine, Taurine, Inositol, Bitter orange (citrus aurantium)

**OTHER INGREDIENTS** — Organic cane sugar, Mango-juice powder, Malic acid, Organic-rice Fiber, Citric acid, Stevia, Natural mango flavor

PIÑA COLADA FLAVOR:

**ANTIOXIDANT ENERGY BLEND** — Organic cane sugar, Coconut milk, Coconut juice, Pineapple juice, Green coffee bean (naturally occurring caffeine)

**NITRIC OXIDE** — Organic kale (leaf) standardized to 1% nitrate, Red spinach (9% nitrate), beet (root)

**NOOTROPIC-FOCUS BLEND** — Glycine, Huperzine A (Chinese moss), L-Tyrosine, L-Citrulline, Piperine (black pepper)

**STRENGTH & ENDURANCE BLEND** — Beta-alanine, Betaine, Taurine, Inositol, Bitter orange (citrus aurantium)

**OTHER INGREDIENTS** — Organic cane sugar, Coconut-juice powder, Coconut-milk powder, Pineapple-juice powder, Organic-rice fiber, Natural flavors, Malic acid, Stevia, Citric acid.

## BENEFITS

PreWorkout employs a unique nitric-oxide blend of veggies, including organic kale, red spinach and beets rich in nitrates to deliver oxygen and fuel to muscles.\*

We deliver quality whole-food nootropics, vitamins and minerals to provide energy, keep you focused, delay the onset of muscle soreness and reduce fatigue.\*

## Additional Ingredient Information

MANGO		PIÑA COLADA	
Supplement Facts		Supplement Facts	
Servings Per Container: 20		Servings Per Container: 20	
Serving Size: 1 stick pack (4.5g)		Serving Size: 1 stick pack (4.9g)	
Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value*
Calories	15	Calories	15
Total Fat	0 g <1%	Total Fat	0 g <1%
Total Carbohydrates	3 g 1%	Total Carbohydrates	3 g 1%
Total Sugars	2 g †	Total Sugars	2 g †
Includes 1g Added Sugars	3%	Includes 1g Added Sugars	3%
Vit C	7 mg 7%	Niacin (as Niacinamide)	8 mg NE 50%
Niacin (as Niacinamide)	8 mg NE 50%	Vit B12 (as Methylcobalamin)	1.10 mcg 4583%
Vit B12 (as Methylcobalamin)	1.10 mcg 4583%	Chromium (as Chromium Polynicotinate)	18 mcg 50%
Chromium (as Chromium Polynicotinate)	18 mcg 50%	Caffeine (natural)	28 mg †
Caffeine (natural)	28 mg †	<b>Antioxidant Energy Blend</b>	3078 mg †
<b>Antioxidant Energy Blend</b>	2853 mg †	Organic Cane Sugar, Coconut-juice Powder, Pineapple-juice Powder, Green Coffee-bean Extract (Natural Caffeine)	
Organic Cane Sugar, Mango-juice Powder, Green Coffee-bean Extract (Natural Caffeine)		<b>Nitric Oxide Plant Pump Blend</b>	27 mg †
<b>Nitric Oxide Plant Pump Blend</b>	27 mg †	Beet-root Extract (1% Nitrates), Organic-kale Powder, Red-spinach Extract (9% Nitrates)	
Beet-root Extract (1% Nitrates), Organic-kale Powder, Red-spinach Extract (9% Nitrates)		<b>Nootropic-Focus Blend</b>	642 mg †
<b>Nootropic-Focus Blend</b>	642 mg †	Glycine, L-Tyrosine, L-Citrulline, Black-pepper Whole-fruit Extract (50% Piperine), Bitter-orange Whole-fruit Extract (30% P-Synephrine), Huperzine A	
Glycine, L-Tyrosine, L-Citrulline, Black-pepper Whole-fruit Extract (50% Piperine), Bitter-orange Whole-fruit Extract (30% P-Synephrine), Huperzine A		<b>Strength &amp; Endurance Blend</b>	810 mg †
<b>Strength &amp; Endurance Blend</b>	810 mg †	Inositol, Betaine (Trimethylglycine), Beta-Alanine, L-Taurine	
Inositol, Betaine (Trimethylglycine), Beta-Alanine, L-Taurine		<small>*Percent Daily Values are based on a 2,000-calorie diet. †Daily Value not established.</small>	
<small>*Percent Daily Values are based on a 2,000-calorie diet. †Daily Value not established.</small>		<b>Other Ingredients:</b> Malic Acid, Organic-rice Fiber, Citric Acid, Stevia Leaf Extract, Natural Mango Flavor.	
<b>Other Ingredients:</b> Malic Acid, Organic-rice Fiber, Citric Acid, Stevia Leaf Extract, Natural Mango Flavor.		<b>Other Ingredients:</b> Natural Flavors, Malic Acid, Organic-rice Fiber, Citric Acid, Stevia Leaf Extract.	
		<b>Contains:</b> Tree Nuts (Coconut)	



SOY-FREE



GLUTEN-FREE



NUT-FREE



VEGAN-FRIENDLY



NON-GMO



DAIRY-FREE



STEVIA



MADE IN USA

Manufactured in the U.S.A. for:



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\* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.