Have YOU had your EFAs today?

For many years, we've known that consuming fish provides us with vital "brain food." But do you know why? It isn't the actual fish that is good for us, but the Omega-3 essential fatty acids (EFAs) that are found in the fish that feed our mind and body. There are two types of Omega-3s, DHA (Docosahexenoic Acid) and EPA (Eicosapentanoic Acid), which are the essential fatty acids found in fish products that are needed by all humans for optimal brain function.

So, how will you provide your brain with the EFAs it needs for optimal health?

S.M.A.R.T fx[™], an acronym for Sustained Memory and Retrieval Time, was designed to provide your brain with the nutrients it needs to function properly. S.M.A.R.T. fx[™] contains essential Omega-3s, DHA and EPA, and Vitamin E and Rosemary oil extract to promote optimal brain health and function, plus support focus, concentration, mood and memory.[†]

Supplement Facts

Serving Size: 1 Soft Gel

A	mount per Serving	%DV†
Calories	4	
Calories from Fat	4	
Total Fat	0.5 g	0.75%
Saturated Fat	0 g	<1%
Polyunsaturated Fat	0 g	**
Monounsaturated Fat	0 g	**
Vitamin E (natural)(as d- alpha tocophered	ol) 2 IU	6%
Docosahexenoic Acid (DHA)1	208 mg	**
Eicosapentanoic Acid (EPA)¹	29 mg	**
Rosemary Oil (rosemarinus officinalis)	extract 15 mg	**
† Percent Daily Value (DV) based on a 2,000 calorie diet for		

adults and children over 4 years of age.

** Daily Value not established.

OTHER INGREDIENTS: Marine Oils (mainly tuna and sardine), Gel capsule (Bovine gelatin, vegetable glycerin, purified water).

¹ From naturally occurring in Marine oils: DHA and EPA values are only averages.



† These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.